



Do you want your team to be relaxed, calm and motivated?
Mindful in Nature offers an opportunity to achieve this through a rejuvenating experience.



Pre & Post Conference Tours

Guided mindful walks in Western Australia's beautiful landscape.



Breakout Sessions

Guided mindfulness experiences.



Incentives & Rewards

Facilitated wellness workshops.



Community Engagement & Inspiration

Ecological Self Empowerment Programs to inspire hope and personal action.

Reduce Stress

This is a fresh approach to addressing team, staff or delegate stress, burnout and turnover.

Inspire Creativity

Inspire creative thinking with experiential activities to inspire new ideas.

Bring Your Group Together

- Give your people an opportunity to form a group through enriching experiences
- Building trust and cohesion in the group

Flexible Activity & Event Options

- Duration
- Location
- Time of day

Events Designed for You

- Custom-designed activity to meet group needs
- Using evidence-based approaches
- Inclusive: Suitable for people from all levels of experience and ability
- Engaging and unique approach to improving well being
- Complimentary transformation materials to take away



About Belinda McCawley

BSc(EnvMgt)
GradCert(SusDev) CEnvP
Belinda McCawley is a highly qualified group facilitator who uses scientifically proven techniques to facilitate positive outcomes for your team.

Qualifications

- Bachelor of Science, Environmental Management
- Diploma of Management
- Diploma Work Health & Safety
- Graduate Certificate, Sustainable Development
- Certified Environmental Practitioner (CEnvP)
- Registered Meditation Teacher
- Accredited Mental Health First Aider
- International Nature and Forest Therapy Alliance (INFTA) Accredited Forest Therapy Guide
- Diploma of Coaching, Mentoring and Interpersonal Facilitation



BUSINESS EVENTS PERTH

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