



Facilitation in partnership with nature allows participants to relax and contribute freely.

Meeting in a natural environment inspires people and helps them to be more creative.

Rather than feeling depleted from indoor meetings, facilitation in nature leaves people feeling heard as well as invigorated.

Your workshop might be focused on;

- team building
- leadership development
- workplace wellbeing
- strategic planning
- innovation
- retreats

Qualified Facilitator, Environmental Scientist and Forest Therapy Guide, Belinda McCawley leads your group through a fascinating workshop in partnership with nature.

You will discover an approach where all parts of this interconnected system can thrive together. This is an empowering and optimistic way forward that delivers inspiration as well as practical ideas.

## What Can Be Achieved

- Educate and Inspire Your Group
- Develop Creative and Innovative Solutions
- Feel Motivated to Take Strategic Action.

## Why Engage Belinda As A Facilitator?

Make your planning days and workshops more enjoyable and effective. Belinda's facilitated process can bring your group together to discover their shared purpose. This process will help plan and create activity that supports your organisational goals.

To contact Belinda visit mindfulforestbathing.com.au



TAILORED TO YOUR NEEDS



WELLBEING FOCUS



ACCESSIBLE & INCLUSIVE





Metropolitan Or Regional



Groups Size: 10-50



Half Day Or Full Day



Support Materials Provided



**Engaging Fun Activities** 

If you are planning an event and you'd like to engage Belinda to speak with your group please get in touch as early as possible.

## **Meet Belinda McCawley**

Perth-based Workshop Facilitator

- Diploma of Mentoring Coaching and Interpersonal Facilitation
- Bachelor of Science,
- Environmental ManagementDiploma of Management
- Diploma Work Health & Safety
- Graduate Certificate,
   Sustainable Development
- Certified Environmental Practitioner (CEnvP)
- Registered Meditation Teacher
- Accredited Mental Health First Aider
- International Nature and Forest Therapy Alliance (INFTA) Accredited Forest Therapy Guide